



**Westside Family YMCA
Youth Sport Leagues**



PARENT HELPERS

Volunteering to coach a YMCA youth sports team takes a lot of time and energy. Therefore, it is important for coaches to obtain assistance from parents on the team to have a fun, skill-building season for all of the families and participants involved.

Below is a partial list of tasks that might need to be accomplished throughout the course of the season. By recruiting parents to assist the coach, it will allow the coach to concentrate more time on developing the player's skills.

At the beginning of the season during the parent's meeting, the coach should ask for assistance and fill in the parent's name and phone numbers for each task listed below.

Each team is responsible for these tasks. The YMCA does not assist with these items.

1. **Team Snacks** Organizing snacks to be handed out after each game. Food and drinks, including water bottles, are NOT allowed in any of the BDS gyms.
Name _____ Phone number _____

2. **Team Photos** Setting up team photos. See the flier for dates/ time selection. This is not mandatory as it is an additional expense.
Name _____ Phone number _____

3. **Trophys** Ordering player trophies. This is not mandatory as it is an additional expense.
Name _____ Phone number _____

4. **End of Season Party** Most teams like to have a pizza party at the end of the season. This creates a great environment in which to hand out trophies, team photos and certificates.
Name _____ Phone number _____

5. **Phone Tree** Calling players/ families due to changes in practice/ game schedule.
Name _____ Phone number _____

6. **Assistant Coach** If necessary, someone to stand in for the coach in the event of an emergency.
Name _____ Phone number _____

